



The Total Sports Experience for Kids: A Parent's Guide for Success in Youth Sports

By Aubrey H. Fine, Michael L. Sachs

Rowman & Littlefield. Paperback. Book Condition: new. BRAND NEW, The Total Sports Experience for Kids: A Parent's Guide for Success in Youth Sports, Aubrey H. Fine, Michael L. Sachs, This book explores the true meaning of achievement in sports: having fun, developing athletic and social skills, and nurturing a healthy, positive sense of self-esteem. Drs. Fine and Sachs offer practical, research-based advice that is bound to enrich the sports experience-as well as life outside of sports-for both children and adults.



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